

American Kenpo Karate International House of Pain Camp

*All Seminars will be held at Evanston Wyoming Recreational Center
Mr. Paul Mills will be teaching in all seminars throughout the camp!*

Friday, April 23rd, 2010

“AKKI International Test and Promotions” Combined Test (Color and Black Belts)

Location: Evanston Recreational Center (2nd Floor, Multi-Media Room)

Time: Registration - 11:00 a.m. – 12:00 p.m.
One Combined Test - 12:00 p.m. – 1:30 p.m.

Please Note: Test will start on Time!! :):)

Fee: Ask your Instructor

Payment for testing fee will be **separate from Seminar Fees**

A Special Note to Instructors: Please be sure to collect your students certificates (registration desk) after test to have them signed by the testing board of examiners.
Please Notify Headquarters (before test date) of Black Belts Testing.

Friday Seminars

(Open to all Ranks)

Registration Time: 1:00p.m. – 1:30p.m.

1st Seminar

Time: 1:30 p.m. – 2:30 p.m. 2nd Floor”

Instructors: Mr. Paul Mills, 10th Black (WY)

Subject: “Master Keys within the AKKI Yellow Belt Techniques”

Friday Seminars Con’t...

Friday Seminars Con't.

4th Seminar

(You have a choice)

Time: 5:15 p.m. – 6:15 p.m.

Instructor: Mr. Jim Clark, 7th (UT), Assistant-Mr. Randall McKay, 4th Black(UT)

Subject: “AKKI Club Set Phase 1, 2, & 3”

OR

Instructor: Mr. Josh Lannon, 6th Black (AZ)

Subject: “Combat Applications of AKKI Finger Set” When it counts, will your weapons be refined and ready to engage?

****Fee**** Friday Seminars - \$100.00

Seminars Con't.....

Saturday, April 24th, 2010

(Open to all Ranks)

Registration Time: 10:00a.m. – 11:00a.m.

1st Seminar

(You have a choice)

Time: 11:00 a.m. – 12:00 p.m.

Instructor: Mr. Frank Elsasser, 10th Black (UT) “2nd Floor”

Subject: “Corrective Anatomical Adjustments/What you think you Know”

OR

Instructor: Mr. Mark Keller, 8th Black (WY) “1st Floor”

Subject: “Exploring AKKI Timing Patterns”

2nd Seminar

(You have a choice)

Time: 12:00 p.m. – 1:00 p.m.

Instructor: Mr. Randall Miller, 8th Black (NM) “2nd Floor”

Subject: “Focusing on Kicks”

Blend various methods of kicking with self- defense techniques

OR

Instructor: Mr. Herb Padigimus, 8th Black (ID)

Subject: “Hammering the hit with Anchoring, Path, and Angles”

3rd Seminar

(You have a choice)

Time: 1:00 p.m. – 2:00 p.m.

Instructor: Mr. Alan Jacob, 7th Black (UT) “2nd Floor”

Subject: “Brown Belt Techniques-Empty Hands and Knife”

OR

Instructors: Mr. Jim Clark, 7th Black (UT) "1st Floor"

Subject: “Generate more Speed through Reverse Motion”

LUNCH BREAK >>>> 2:00 p.m. – 3:00 p.m. <<<<LUNCH BREAK

Saturday Seminars Con't.....

Saturday Seminars Con't.

4th Seminar (You have a choice)

Time: 3:00 p.m. – 4:00 p.m.
Instructor: Mr. Bruce Tomson, 8th Black (NM) “1st Floor”
Subject: “Basic Kicks - The heavy artillery of Kenpo (continued)”
Master key drills for faster, stronger, more deceptive kicks
refining kicking technique from Form II and other select
applications.

OR

Instructor: Mr. Scott Hilderbrand, 6th Black (NV) “1st Floor”
Subject: “Connecting AKKI Drills Enhancing One's Versatility of Motion”

5th Seminar

Time: 4:00 p.m.– 5:00 p.m.
Instructor: Mr. Ryan Wheaton, 7th Black (UT) “2nd Floor”
Subject: “Brown Belt Techniques” – More Empty Hand and Knife
Techniques

OR

Instructor: Mr. Josh Lannon, 6th Black (AZ), Mr. Preston Hutchings, (UT), 1st Flr
Subject: “No Time To Tap”(Part II) Guillotine Chokes on the Ground.

6th Seminar

Time: 5:00 p.m. – 6:00 p.m.
Instructor: Mr. Paul Mills, 10th Black (WY) “2nd Floor”
Subject: “Small Arc Acceleration” is a must to obtain Optimum
Explosiveness, Part II (Empty Hand-Club-Knife)

****Fee**** Saturday Seminars (6) - \$125.00

****Please Note****

*Saturday night after dinner is a Black Belt/Club and School owners meeting in the
Wyoming Hall of the Best Western Dunmar Inn.*

Please Read next Page...

A Saturday Night Gathering will continue for all who can attend at the Best Western Legal Tender Restaurant.....

Please Note: When dining at the Legal Tender Restaurant your 10% Discount Card is required for all meals!

Also: Notice our Special Wyoming BBQ Menu(Regular Menu is available) for your enjoyment during your stay with us at the Best Western Dunmar Inn and Legal Tender Restaurant

Sunday, April 25th, 2010

***Question and Answer
At
Legal Tender Wyoming Hall***

Time: 1:00p.m.

We hope you enjoyed our AKKI International Camp!

BBQ Night front side
1.pdf

BBQ Night back side
2.pdf
